


NATIONAL PERSONAL TRAINING INSTITUTE®

THIS CERTIFIES THAT

ALEX RAPOSO

Has successfully completed all the requirements in the Theory and Practice of Fitness and Health Promotion. This diploma is hereby awarded this 31st day of March 2016 and is licensed by Ministry of Training, Colleges & Universities.

The designation title herein is that of Personal Trainer, and includes 100 hours of the Theory & Practice of Personal Training, 100 hours in Basic Nutrition, 100 hours in Anatomy & Physiology, and 200 hours of Practical Application of Personal Training.


Gene Casey McIlvaine, President

Diploma Number **TO00038**

